



southeast  
healthcare



## Southeast Healthcare

Downtown Location

16 West Long Street  
Columbus, Ohio 43215

P.O. Box 1809  
Columbus, Ohio 43216

614.225.0990

614.225.0980 Admin

[www.southeasthc.org](http://www.southeasthc.org)



## Fun Fact

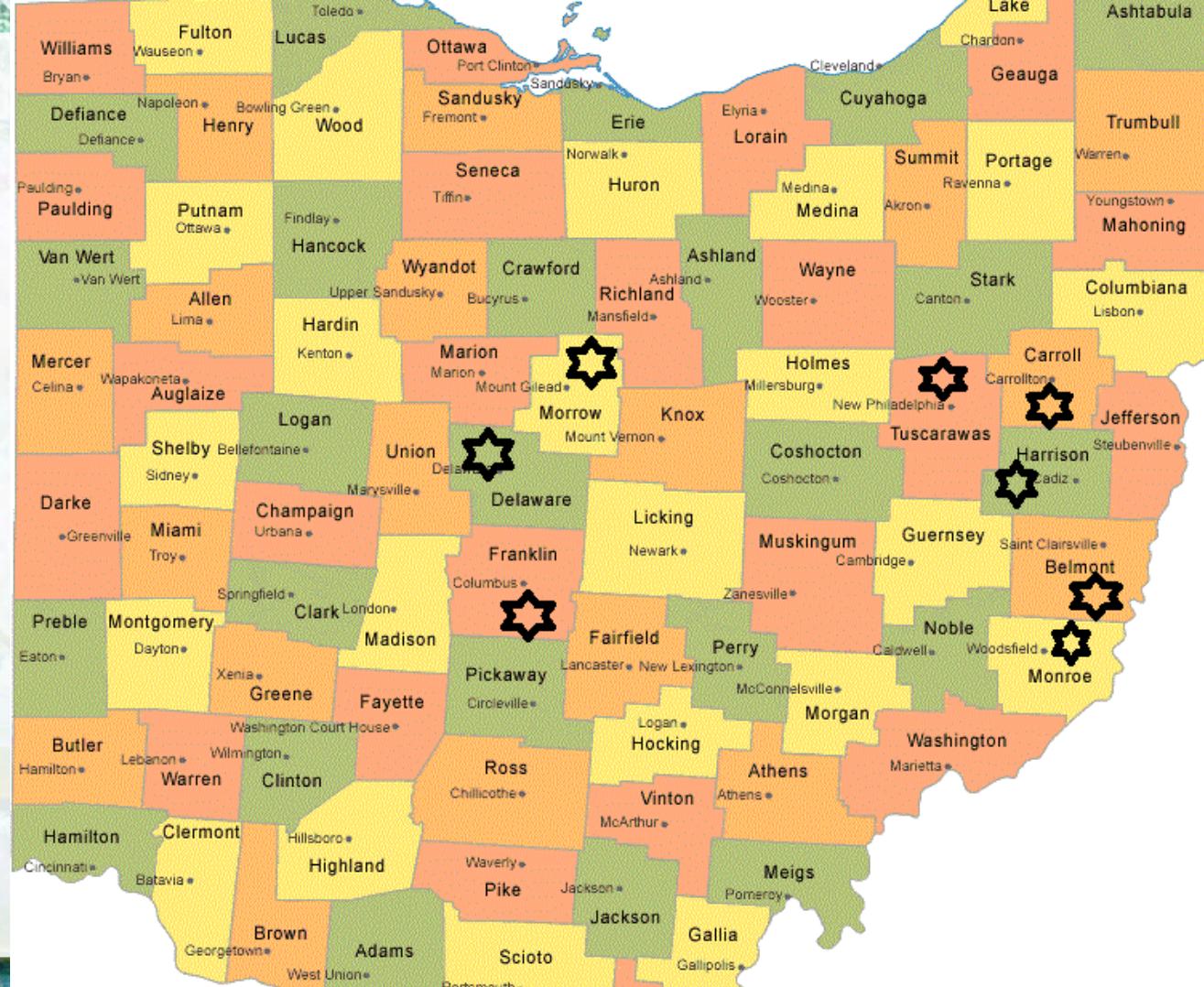
The Union Co. department store in Downtown Columbus is shown at the northwest corner of Long and N. High streets on April 17, 1955.

The six-story Downtown Columbus store dominated this corner. In 1968, the company moved south down High Street, across from Lazarus, in a spot vacated by The Fashion. This put The Union directly across the street from its chief competitor, Lazarus.

# **Southeast, Inc. DBA Southeast Healthcare**

**Southeast Healthcare is a comprehensive provider of community mental health, primary healthcare, chemical dependency, and homeless services that began operations in Columbus, Ohio in 1978. Southeast, Inc. is a private, non-profit healthcare organization governed by a community volunteer Board of Directors.**

**Operating in eight counties in Ohio, Southeast has grown to become a multi-faceted agency employing more than 500 people with an annual budget of approximately \$40,000,000. Southeast is certified by the Ohio Department of Mental Health and Addiction Services and accredited by The Joint Commission.**





# Our Mission

**Southeast, Inc. is a comprehensive provider of mental health, chemical dependency, healthcare, and homeless services assisting diverse populations regardless of their economic status. With the belief that all people have the capacity to grow and change, we provide our services to people of all ages, cultures, races, religious preferences, genders, and sexual orientations in order to enhance wellness and recovery, thereby improving families, workplaces, and communities.**

As a private, non-profit 501(c) (3) provider, Southeast, Inc. has adopted a mission and responsibility to serve hard to reach, vulnerable populations.

***Southeast has a no-eject, no-reject approach and is known for serving consumers with the most complex issues.***

## April 2017 Delaware & Morrow Counties

Southeast, Inc. is proud to have expanded services for adults with mental health needs and co-occurring substance use disorders in Delaware and Morrow Counties, Ohio.

Services include behavioral health assessments, individual and group counseling, community- based case management, peer support, psychiatric services, vocational services, benefits counseling, criminal justice inreach and relinkage from corrections to the community, and crisis intervention. Southeast is a contract agency of the Delaware-Morrow Mental Health & Recovery Services Board and applies a sliding fee schedule, based on income, to make services affordable for people with no insurance.



**Southeast  
Delaware County**  
824 Bowtown Road  
Delaware, Ohio  
43015



**Southeast Morrow County**  
**950 Meadow Drive, Suite A**  
**Mt. Gilead, OH 43338**

# HRSA in Belmont County, Ohio

Southeast first received FQHC funding and status from HRSA in 2011, initially as a 330(h)-Healthcare for the Homeless program providing FQHC services to homeless populations in the city of Columbus.

In 2014, Southeast received a HRSA New Access Point (NAP) grant to add 330 (e – everyone) Community Health Center services in St. Clairsville, Ohio; an area of eastern Ohio where Southeast originally only provided behavioral health and more limited primary care services under a SAMSHA Primary and Behavioral Health Care Integration (PBHCI) grant.

**Following receipt of the 330(e) funding, Southeast also began to expand access to FQHC services for general low-income populations in Columbus, where a majority of patients are served.”**

Southeast currently has a strong presence in eastern Ohio with offices throughout the area and primary medical care being delivered through a grant from the Substance Abuse and Mental Health Services Administration (SAMHSA) for Primary and Behavioral Health Care Integration (PBHCI).

# Southeast Vocational Services

Formerly COVA (Center of Vocational Alternatives)

Southeast acquired COVA in July of 2014.

**Adult Employment** – Southeast Vocational Services offers job readiness programs for those in the early stages of recovery and planning a return to work or seeking their first job in Columbus and Delaware Counties . We provide career development and job placement services for those ready to work. Job readiness sessions focus on managing mental illness, stress or other barriers in the workplace, along with goal setting, social skills and networking. Job placement includes matching skills and health needs with the right job, application and interview skills development, screened job leads and job-site coaching.

**Transition Youth Services** – SE Voc Services works with youth and young adults ages 14 to 22 to achieve independent living. Program participants come to us via many avenues –schools, child welfare, juvenile justice, mental health practitioners and families. For youth transitioning from foster care, we provide services to assist participants to live independently and pursue education and career goals. We provides vocational training for high school students with emotional and social barriers to explore career options and successfully transition to work.

## *Vocational (cont.)*

**Benefits Application and Consultation Services** – Vocational Services provides assistance to those who want to become or stay employed by determining how benefits will be affected by earned income. We also assist people not ready for immediate employment to secure benefits to support their transition to work. The goal is to enable individuals to maximize housing, child care, medical and housing benefits while becoming or staying employed. Services for Employers – we deliver qualified, skilled employees to the workforce with the support of vocational job coaching. We also offer employers links to tax incentives, added diversity and disability management seminars.

**MyRecoveryWorks** -The purpose of MyRecoveryWorks is to promote and support the self-direction and management of a person's mental health recovery by focusing on people's strengths and capacities rather than their deficits, problems, and barriers. Central to MyRecoveryWorks is a Consumer Resource Center offering classes, activities, state-of-the art technology and other resources available to help consumers manage their recovery. Recovery Guides, staff with experience in and success at system navigation, and personal stories of recovery, are available to engage, assist, teach, support and mentor participants so they have the tools, information and confidence to take charge of their own health. Also available at MRW is a part-time ombudsman to help navigate, mediate, problem solve and advocate.



# My RecoveryWorks

*A Program of Southeast Healthcare*

## **Vocational Cont. Community Integration Services for Persons with Severe and Persistent Mental Illness:**

**Project Work** – A vocational and employment program, initiated in 1992, for persons with severe and persistent mental illness who initially have difficulty in traditionally structured employment settings. The over-arching goal is to move Project Work participants to competitive employment opportunities with local employers.

Project Work contracts with community organizations, businesses and individuals for cleaning, landscaping, moving, hard floor polishing and clerical services. Clients are paid hourly wages while earning valuable work experiences. Recently Project Work landed a contract for janitorial services at the Ohio Expo Center!

Project Work has become the “go to” entity for the Environmental Court and Code Enforcement when people who hoard have “clean-up” orders and require assistance.

The average length of time that our participants spend at Project Work is between 6 to 12 months. Approximately 50% of our participants move to competitive employment in the community.



**Southeast Vocational  
Services**  
(Clintonville Location)  
3770 N. High Street  
Columbus, Ohio 43214



# Other SOUTHEAST HIGHLIGHTS

In November 2011, Southeast became a Federally Qualified Health Center (FQHC) - Community Health Center with the award of grant funds from HRSA (Health Resources and Services Administration) for Healthcare for the Homeless. The highly competitive grants were awarded to 67 community health center programs across the country. Southeast is one of ten new access points and one of two Ohio centers to receive the highly competitive award. We provide primary healthcare for people who are homeless, living in transitional housing, or have been previously homeless. We coordinate and integrate care across services and healthcare locations including general medical care, dental care and behavioral health care services. Our current program serves over 3,000 people a year.





**In 2009, Southeast was selected by SAMHSA to be one of the first eleven mental health centers in the United States to participate in a four year “Primary, Behavioral Health Care Integration” demonstration project.**

Southeast’s model was designed as a “solo” model serving people with complex Behavioral Health needs and complex physical health issues including chronic health conditions.

Southeast’s history of providing primary healthcare began in 1996 with the addition of a Primary Healthcare Nurse Practitioner Clinic to our services. The SAMHSA funding allowed Southeast to move into an “integrated healthcare model.”

**In June of 2008 Southeast expanded our service area further east with the acquisition of Community Mental Health Services of Belmont/Harrison/Monroe (BHM) Counties.** Southeast in BHM counties provides a continuum of consumer-oriented services, including case management, partial hospitalization, crisis intervention, psychiatric services, counseling and residential treatment. Included in our services is a unique day program for children that brings education to a therapeutic setting. Staff from Community Mental Health Services joined Southeast staff bringing a strong community presence and history of high quality clinical care. Southeast BHM provides services to over 3,000 clients annually in these eastern counties.





Exam room and waiting room at  
Southeast Healthcare in  
St. Clairsville, Ohio





Southeast expanded our focus and mission in **July 2006** when we acquired **Friends of the Homeless, Inc.** The Friends of the Homeless programs include the 130 bed Men's Emergency Shelter, 47 bed emergency shelter for homeless women (Rebecca's Place), and New Horizons transitional housing program, for adults with severe mental illness and histories of chronic homelessness. The goal of Southeast's shelter programs is rapid resolution of each person's housing crisis and movement into stable, permanent housing within the community. Nearly 1,800 people utilize these safety net programs each year. Friends of the Homeless is partially funded by the Community Shelter Board and its funders.



**On April 11, 2005, Southeast expanded our central Ohio home with the acquisition of Cornerstone Behavioral Healthcare under the Southeast umbrella.** SE-TC, as the offices in New Philadelphia and Carrollton have come to be known, is located in Tuscarawas and Carroll counties. Services include crisis intervention; counseling and therapy for adults, children, and adolescents; psychiatric services, and community based psychiatric support (case management). Southeast was pleased to welcome the former Cornerstone to continue to serve clients in these two counties.





In September 2004 Southeast opened the **Fresh A.I.R. Gallery** in the lobby of 131 N. High St. Fresh A.I.R. (**Artists in Recovery**) Gallery exhibits the works of individuals affected by mental illness and/or substance abuse disorders. “Through art, we educate the community and work to break down the stigma of mental illness and substance use by bringing focus to the artistic vision. The gallery exists for two reasons: to address stigma about mental illness and to create a venue for artists affected by mental illness or substance abuse disorders to display their work.” Recovery is an individual journey away from stigma and towards healing. Fresh A.I.R. sponsors six exhibits a year in the gallery space.



# The Recovery Sculpture

Commissioned by the Southeast Board of Directors from artist Stephen Canneto, our sculpture “Recovery” stands on the sidewalk at 131 North High Street and is a public display honoring the struggles of individuals on their journey to recovery from mental illness and substance abuse. The Recovery sculpture honors Southeast’s anniversary of 25 years of fighting stigma and celebrating recovery.



## **Wide Range of Healthcare Services for People living with Severe and Persistent Mental Illness:**

- **Designated Case Management Services (CPST), Community Treatment Teams and Other Services**

Community Psychiatric Supportive Treatment (CPST), Community Treatment Teams: Generalist, Specialty, and Recovery Teams; Psychiatric Service; Diagnostic Assessment; AOD Treatment using Integrated Dual Disorder Model; Individual and Group Counseling; Vocational Services; Residential Treatment; Auricular Acupuncture; Housing and Payee Services

**Specialty Community Treatment Teams include** – A Team that serves people who are deaf or HoH; A Team serving people co-involved with the Criminal Justice/Court System; A Team for people living with the dual disorder of Severe Mental Illness and Developmental Disabilities; and a Team supporting people living with Severe Mental illness who are or were homeless.

- **Individual and Group Counseling**

Specialization in IDDT (Integrated Dual Disorder Treatment), DBT (Dialectical Behavior Therapy), Trauma Treatment including EMDR (Eye Movement Desensitization and Reprocessing) and Auricular Acupuncture



Community Treatment Team  
Renaissance at 16 W. Long St.



## **Wide Range of Healthcare Services for People living with Severe and Persistent Mental Illness:**

In 2013, ADAMH Franklin County added its support to Southeast's IHC efforts by funding behavioral healthcare staff to work directly in the Primary Healthcare Program. Southeast expanded our primary care and integrated healthcare to two new sites – the new homeless shelter on Van Buren Drive and Franklin Station on West Broad Street.



**Southeast  
Franklin  
(Franklin Station)  
524 B W. Broad St.  
Columbus, Ohio  
43215**





## Southeast Model of Health Integration

**Coordination of Care and Co-Location of Care are good....but they are not authentic integration. Healthcare Integration Requires Shared Philosophy/Beliefs and Practices.**

1. **Integration Must Support “Triple Aim” - Improved Quality, Improved Patient Experience, Improved Value (Reduction of Cost)**
2. Primary and Behavioral Health Staff Share Patients and Treatment Plans and are Health Partner Teams with their Patients
3. All Staff Use a Common Electronic Health Record
4. Staff Follow the Same Policies and Procedures
5. Staff Adhere to the Same Clinical Guidelines/Best Practices
6. Cross-Training of Staff is an Expectation
7. Staff Work at the “top of their license” and are Members of Multi-Disciplinary Healthcare Teams
8. Staff Members Demonstrate Mutual Respect for Knowledge of Team Members and are Learners and Teachers
9. **Staff Members Believe in the Capacity of their Patients and Support Patient Inclusion and Self-Management**

## **Wide Range of Healthcare Services for Persons with Severe and Persistent Mental Illness:**

**Mobile Psychiatric Outreach Program (PATH).** The PATH-funded Homeless Outreach Services provide outreach to homeless consumers on a van that travels to homeless shelters and homeless camps to engage homeless consumers into treatment. Direct behavioral healthcare is also provided by PATH staff. A psychiatric nurse practitioner is “on-board” to offer service that includes medications.

**Integrated Dual Disorder Treatment** – Southeast offers the evidence based IDDT model of services for our clients with the dual disorder of chemical dependency.

**Kids, Adolescents & Family Programs (SED)** - Family based mental health therapy is a comprehensive, intensive, goal oriented and strength focused therapy program designed to serve children and adolescents aged 3 to 18 years old with severe emotional disabilities. These kids are dealing with multiple problems in their community, including complex emotional, social and academic needs. Southeast works with families where they are, at their home, in the schools, at homeless shelters and in the community.

# **Community Integration Services for Persons with Severe and Persistent Mental Illness:**

## **Residential Housing Programs**

**Carpenter House** – An IDDT transitional housing and treatment program for women age 18 +. The program will serve homeless women who have co-occurring SMD and AOD issues. The home is 8 beds and the women's objective being 8-9 months of treatment with a goal of permanent housing and moving forward with recovery.

**Redmond House** - Redmond House is a Residential Treatment Facility for men only, ages 18 and older, who are being released from the state hospital, who have had multiple psychiatric admissions, numerous independent housing failures, and/or numerous crisis episodes in the community. The house provides room and board along with mental health and AOD treatment services. There is a total of 15 beds in this facility located on W. Broad Street in Columbus.

## **Healthcare Services for Persons with Severe and Persistent Mental Illness:**

**Acupuncture** - Southeast operates an Auricular Acupuncture clinic at 16 West Long Street administered by psychiatrists as a complementary method to promote detoxification and decreased substance use. Many clients find auricular acupuncture a useful tool for handling cravings and stress reduction.

**Apothecare Rx Pharmacy** - Southeast has operated Apothecare Rx Pharmacy on-site at 16 West Long Street since 2001. Apothecare is a specialty, closed-door pharmacy that serves our consumers with mental health, chemical dependency and physical health care pharmacy needs and other cognitive disorders. Apothecare uses blister-packaging and a PACMED machine that integrates medication storage, retrieval, unit-dose and multi-dose packaging, bar-coding and delivery of individual client medications. The PACMED seals medications in sleeve packaging, which makes it easier to manage multiple medications and increase medication adherence. Because consumers can have all of their medications filled at Apothecare, the pharmacy is able to catch potential negative drug interactions between medical and physical healthcare prescriptions. SE Staff can use Apothecare Pharmacy. Two additional pharmacy programs are operated under the Apothecare umbrella – **Central Pharmacy and our HRSA 340b Pharmacy program**. The Southeast pharmacy also offer services of a **Clinical Pharmacist** who works with physicians, clients and families regarding medications, dosing schedules, medication interaction and education.



# Apothecare Pharmacy



# **Southeast Merion Village**

**Adult, Youth and Family  
Behavioral Healthcare  
Services**

**Substance Use Treatment  
Services**

**1455 S. 4th Street  
Columbus, Ohio  
43207**



**Southeast programs for adults, youth and families are located at 1455 S. 4<sup>th</sup> Street, Columbus OH with services also provided in schools, homes and a shelter for families that are homeless. In addition to general individual and group counseling, Southeast Merion Village also offers:**

**Trauma Healing Services** – Southeast serves people who have experienced trauma including veterans, refugees, victims/survivors of rape and childhood sexual assault; natural and other disasters; victims/survivors of domestic violence.

**Anger Management** – This group is twelve weeks and is a psycho-educational model.

## **Adult, Youth and Family Behavioral Healthcare Services**

**Domestic Violence Program for Victims/Survivors and Perpetrators** - Southeast was the first CMHC in this area to develop and provide programs and services for perpetrators of Domestic Violence. Beginning in 1983, Southeast initiated our program working with judges, public defenders and prosecutors as well as taking referrals of persons being discharged from jail. Over time, a women's perpetrators program was added. The Men's Program is based on the "Duluth Model"; the Women's Program is based on the "Women Who Resort to Violence" model. Both are based on evidence and are psycho-educational with accountability and skill building components.

In 1983, Southeast concurrently began providing therapy and education groups for women victims/survivors of domestic violence. These groups provide support and education, assist women with understanding the cycle of violence and assist with the building of individual safety plans.

## **Adult, Youth and Family Behavioral Healthcare Services**

**Alcohol and Drug Outpatient Services** – AOD assessment, individual and structured group programming with AOD case management.

**Alcohol and Drug Dual Diagnosis Services** – Services for clients experiencing both chemical dependency and mental health problems. The program is based on IDDT (Integrated Dual Disorders Treatment) and includes AOD Case Management and Peer Support.

**Medication Assisted Treatment** – The Southeast **MAT** Program, is one of three in Franklin County participating in a state initiative to serve people with Heroin and other Opioid Addictions. Southeast's target population is primary people referred by a certified Drug Court who agree to treatment that includes Suboxone or Vivitrol with an intensive level of counseling but recently expanded the program at 16 W. Long Street and is open to people with addiction and dual disorders. Integrated care is also provided and involves physical health assessment and treatment.

## **Adult, Youth and Family Behavioral Healthcare Services**

**Youth Services and Supports** - General counseling and psychiatric services are provided for children and adolescents and families.

**Youth Alternatives Program (formally Phoenix Pride)** – serving youth who are living in situations that create risk for drug use, depression, homelessness, etc. The program serves youth experiencing oppression and discrimination related to sexual orientation and gender identity as well as other youth impacted by social pressure.

**Reynoldsburg Schools Prevention Program** – serving students and their families with “Universal Prevention,” other prevention programs, screening and assessment, and Case Management.

**Ryan White HIV Care- Part B** - Southeast employees 2 HIV Medical Case Managers to serve individuals living with HIV. One focuses on outreach to African women. The HIV Case Managers administer Ryan White CARE Act funds. This program serves Franklin County and six “neighboring” counties.

# **Executive Staff Members**

Bill Lee, CEO

John Bell, CFO

Kim Cooksey, SMD Clinical Director

Abul Hasan, Medical Director

Melissa Miller, HR Director

Melissa Powers, Regional Director Eastern Counties

Julie Gosky, Adult & Families Clinical Director

Sandy Stephenson, Chief Healthcare Officer

Wendy Williams, COO

# **Southeast Healthcare Board of Directors**

## *Executive Officers*

David Lane, President

Rev. Tony Burns, Vice President

Angela Fry, Secretary

Kori Manus, Treasurer

Kate Hamilton, Member at Large

Jasmine Bibb

Eileen Goodman

Patrick Halaiko

Kim Krone

Sally Shaffer

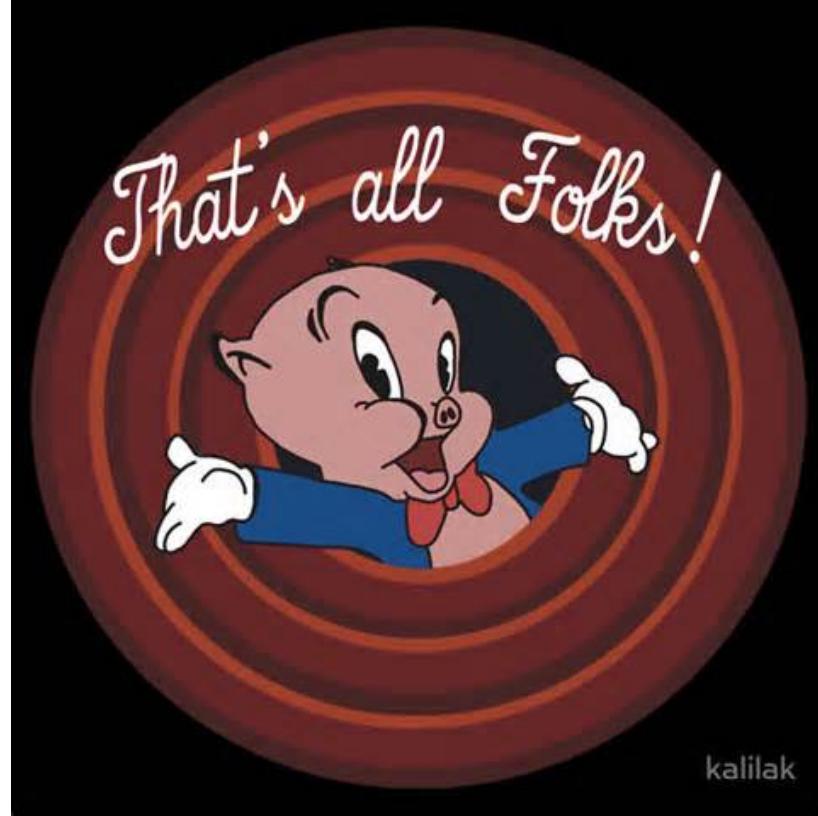
Steve Sielschott

Angela Smith

Don Strasser

Tim Wheat

Keith Williams



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