



FOR IMMEDIATE RELEASE

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Fresh A.I.R. Gallery

Presents

Pathways

Multi-Medium Works by Matt Swift

Fresh A.I.R. Gallery cordially invites you to *Pathways*, an exhibition featuring the artwork of Columbus artist Matt Swift. Please join us for the opening reception on Wednesday, July 10, 2019 from 5:00 p.m. to 7:00 p.m. *Pathways* will be on view at Fresh A.I.R. Gallery from July 10 – August 23, 2019. A live painting demo and discussion will be lead by the artist in the gallery on August 5th at 3pm.

Matt Swift is a Columbus, Ohio artist working several mediums including video, installation, and painting. *Pathways* brings together two bodies of work that the artist has been exploring since just prior to and after a traumatic scooter accident in 2017. The work centers on the artist's journey as recovery process. Whether performing his physical therapy on a canvas while negotiating space with assistive technology - a robot vacuum, or pushing himself to physical limits to explore meditational movement through a space using video; *Pathways* is a series of performances, landscapes, and self portraits that represent the act of using artistic practice to achieve physical, psychological, and spiritual well being.

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Matt is the Program Coordinator for Film Studies at The Ohio State University and is a local arts organizer, educator, and curator who over the years has participated in many organizations such as VSA Ohio, Ohio Arts Council, and The Columbus Art Fest. His partner joins him as co-founders of a local film festival, the Columbus Moving Image Art Review, and was awarded with Media Arts Fellowships from The Greater Columbus Arts Council in 2014.

Fresh A.I.R. Gallery (Artists in Recovery) is a project of Southeast Healthcare and this year celebrates our 15th year anniversary. The Gallery's mission is to exhibit the work by individuals affected by mental illness and/or substance use disorders. Through art, we educate the community and work to break down the stigma of mental illness and/or substance use by bringing focus to the artist vision. Southeast is a comprehensive provider of mental health, chemical dependency, physical healthcare, vocational and homeless services that has been serving Columbus since 1978 and is in eight Ohio counties. Fresh A.I.R. Gallery is located downtown at 131 N. High Street in Columbus, Ohio. Our hours are Monday - Friday 8:00 am - 5:30 pm. Fresh A.I.R. Gallery's phone number is 614-744-8110. www.southeastinc.com.

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